



# The Presby

May 2024

Wytheville Presbyterian Church  
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Office Hours:  
Monday - Friday  
9:00 a.m. - Noon

Rev. Dr. John Langham, Pastor  
April DiYorio, Clerk of Session  
Becky Absher, Music Director  
Tammy Jackson, Office Mgr.  
Wendy Morrison, Bookkeeper



## May Newsletter 2024 "Better Rest"

*Believe it or not, one of the things that the month of May is known for in our country is a month whereby "Better Rest" is promoted and marketed. This being the case, I can imagine that every mattress store in the country may take the opportunity to capitalize on this and attempt to do whatever they can to get you in the door and out the door with their best-selling, premium mattress.*

*Just think, finally a way to get that perfect night's sleep. No tossing, no turning, no back pain, no restlessness. You will experience nothing but a peaceful, tranquil, restful night of pure bliss.*

*The Truth is the U.S. spends over 16 Billion dollars annually on mattresses, many spending over \$1000.00 per mattress and on up.*

*Now, I would argue that good rest is important, and we all need it. Furthermore, when we don't get the rest we need we clearly can suffer.*

*However, physical rest is only one type of rest, and as multifaceted people, we need other forms as well. Jesus was clearly aware of this, and that is why he invites us to ultimately rest in him.*

*In Matthew 11:28-30, Jesus said it like this:*

***28 "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."***

*The bottom line is, if we have a bad back or other sleep issues, then go to your local mattress store.*

*However, if we want total rest, may we find it in the only one who can give us the complete rest we need.*

*Grace and Peace,*

*Pastor John*

**Session Digest:**

The Session did not meet in April.

Pastoral Concerns:

Joanne Cannoy, Tony Cannoy, Joe & Shirley Cavender, the family of Eural Clippard, Colleen Dunford, Pastor John Langham, the family of Gaye Mock, Scott Madden, Don and Lettie Nance, Bill and Susan Pollard, Dorothy Repass, the family of Judy Walters, Michael and Rachel Weller.

Review of Calendar of Events:

- 2 - *National Day of Prayer*
- 9 – Abingdon Presbytery Meeting @ Rich Valley PC
- 12 – *Mother’s Day*
- 19 – Pentecost Offering
- 19 – Stated Session Meeting
- 19 – Cove Service
- 27 – *Memorial Day*

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**Stewardship Message:**

A portion of Psalm 112 speaks to living generously. It defines such generous living as being gracious, merciful, and righteous. To live generously is to conduct our lives with justice. Generous living is much more than what we do with our money. We are called to be kind to one another and to all living things. We are called to deal with each other honestly and to be humble. As followers of Jesus, we are called to live a generous life. He showed us the way to live generously: by welcoming the outcast, by overturning the tables of the money changers in the temple, by dining with the poor and healing the sick, by teaching, by forgiving, and by ultimately giving his life so that all might have abundant life. Each of us is called to live generous lives and that such generous living can transform us, our families, and our faith communities.

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**5 Cents a Meal:**

Please remember the 5 cents a meal offering on May 19th. You may bring it to the church, or mail it in with your pledge. A basket will be placed in the narthex for your convenience. Please make a separate check. Many thanks for your giving.

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**Cove Service:**

The Cove Service will be held on Sunday evening, May 19<sup>th</sup>, at 7:30 p.m. Please bring a friend, and join us for this inspirational service, hymn sing, and fellowship. Hope to see you there!

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**Newsletter & Office Information:**

Please submit information for the June Newsletter to the church office by Monday, May 20<sup>th</sup>. Your help is greatly appreciated.

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**Hope Packs:**

We will be packing bags for Hope Packs the 4<sup>th</sup> Wed. of every month at 5:00 p.m. Please plan to help with this project!

\* \* \* \* \*



**Dinner:**

Please mark your calendars for Sunday, May 19<sup>th</sup>! We will be having a Potluck luncheon, following worship service, in Hatcher Hall, to celebrate the Graduation of T. J. Pulliam. Please bring a covered dish, and join us to recognize T.J.’s accomplishment! Cake will be provided.

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**Monthly Meetings:**

- Tuesday, May 14<sup>th</sup>      Worship Committee, 10:00 a.m.
- Tuesday, May 14<sup>th</sup>      Church Growth Committee, 2:00 p.m., Hatcher Hall
- Tuesday, May 14<sup>th</sup>      Finance Committee, 4:00 p.m.

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**Circle 1 and Circle 3:**

Circle 1 of Presbyterian Women will meet on Monday, May 6<sup>th</sup> at 11 am in the Fellowship Hall. A brief Dedication Service for the Birthday Offering will be a part of the program. Lunch will follow the meeting.

Circle 3 of the Presbyterian Women will meet on Monday, May 6<sup>th</sup> at 7:00 p.m. in the Fellowship Hall.

Launched in 1922 to celebrate the 10th anniversary of the Woman’s Auxiliary in the Presbyterian Church in the United States, the Birthday Offering is a time-honored annual tradition for Presbyterian Women. Hallie Paxson Winsborough challenged members of the Woman’s Auxiliary to give a penny for each year of her life as a “birthday gift.” Hallie encouraged the women to offer “a penny for every year you have lived, and if that is a secret, bring a dollar!” Over the last century, these grants have funded more than 200 major projects that continue to provide medical care, education, shelter, food, and support for people most in need at home and abroad. PW honors this legacy by celebrating women’s giving and to continue to faithfully serve our neighbors,

support inclusive communities and witness to the promise of God's never-ending work in the world.

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### **MISSION CO-WORKER SUPPORT:**

SHARON KANDEL - ETHIOPIA, SUDAN, SOUTH SUDAN

Log-on to : [presbyterianmission.org/ministries/missionconnections/sharonkandel](http://presbyterianmission.org/ministries/missionconnections/sharonkandel) to Read or Subscribe to Letters From Sharon Kandel. Presently she has 26 letters published on the website, along with multiple photos which track her amazing journey and progress in the Horn of Africa, South Sudan.

REV. CHERYL BARNES - MALAWI, ZAMBIA, ZIMBABWE

REV. ELMARIE PARKER AND REV. SCOTT PARKER – IRAQ, SYRIA, LEBANON

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### **MISSION COMMITTEE PROJECT #1:**

#### **APPALACHIAN TRAIL MAGIC**

Several months ago, the Mission Committee began exploring Trail Magic and the opportunity to provide food and fellowship to hikers passing through Virginia. The more we learned, the more excited we became to join the thousands of individuals, organizations and churches offering Trail Magic to hikers between the Trail's southern terminus at Springer Mountain, Georgia and the northern terminus at Katahdin, Maine (2,190 miles).

In March, we had the opportunity to meet with Mark and Anita Wagner, who live in Wytheville and recently hiked the Trail. Anita hiked 600 miles and Mark completed the entire Trail. They shared many positive experiences with Trail Magic along their journey, including the most desirable food, snacks, and drinks, as well as the fellowship and encouragement they received from Trail Magic "Angels".

According to the Appalachian Trail website. "Trail Magic can take many forms ... but most often when hikers think of trail magic, they think of kind strangers parked at trail crossings with coolers full of beverages and food".

That is exactly what we plan to do!

Here are the details:

WHEN: Wednesday, May 22<sup>nd</sup>, noon to 4:00 (will reschedule if weather does not permit)

WHERE: Suiter parking lot in Bland County. Watch for more details in Announcements.

WHAT: A large table full of fruits, veggies, cookies, and brownies (homemade and store bought), salty snacks, "trail mix", etc.; coolers full of water, Gatorade, Capri Sun, etc.; some first aid supplies

WHO: members and friends of our church enjoying fellowship with hikers and each other.

**PLEASE CONSIDER JOINING US FOR A FUN AND "MAGICAL AFTERNOON".**

**For more information, contact Lisa Moore at (276) 920-1052 or any member of the Mission Committee – Hal Absher, Betty Gordon, Susan Lilly, Sid Crockett, Charlie Madden, Marsha Otey, or Gail Kendrick.**

### **MISSION COMMITTEE PROJECT #2:**

Once again, this May we will be collecting diapers for children in need. The diapers we collect will be shared with Holy Trinity Lutheran Church for their Drive-Up Diaper Drive ministry which takes place several times each year. As a CarePortal church, we see the need for diapers in our community and we would like to support this ministry through our own diaper collections. Sizes 3, 4, 5, and 6 are in greatest demand. Collection boxes are in the Narthex and Hatcher Hall. Last year we collected 1,186 diapers. Let's challenge ourselves to meet or exceed that goal!

According to [franciscanhealth.org](http://franciscanhealth.org), "When families are not able to provide diapers for their children, a child can be impacted physically, mentally, and emotionally. Children who live in homes suffering from diaper insecurity often face constant infections and are often inconsolable due to discomfort. This can lead to child abuse and neglect."

# May

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Happy Birthday! George Bird	2 NATIONAL DAY OF PRAYER	3	4
5 LEGACY GIVING SUNDAY	6 Circle 1 Meeting 11am Circle 3 Meeting 7pm	7 Happy Birthday! Carolyn Armentrout	8 Happy Birthday! Nancy Crockett	9 Happy Birthday! Tyler Crewe Abingdon Presbytery Meet	10 Happy Birthday! Chris Bird	11
12 <b>Mother's Day</b>	13	14 Worship Comm. 10am Church Growth Comm. 2pm, Hatcher Hall Finance Comm. 4pm	15	16	17	18 Happy Birthday! June Claire Morrison Harper Mae Scott
19 Graduate Potluck Luncheon Day of Pentecost/Offering Mission Co-Worker Sunday Presbyterian Heritage Sun. Cove Service 7:30 p.m. 5 Cents A Meal Offering	20	21	22 Happy Birthday! Gail Kendrick	23	24 Happy Birthday! Betty Gordon	25
26	27 Happy Birthday! Susan Lilly	28	29	30	31	